

Sanctum 1.5

HIV PRENATAL HOME The next step in HIV care

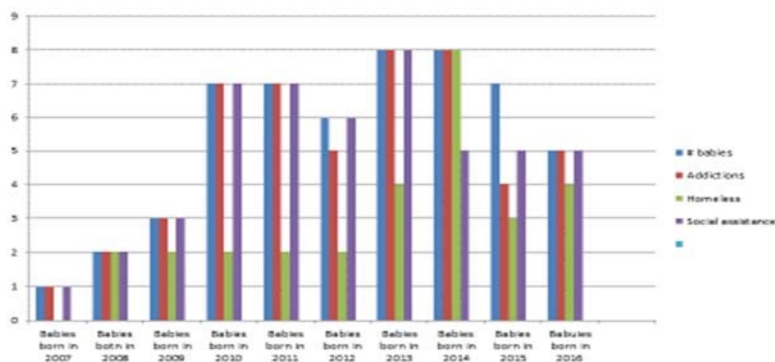
Sanctum 1.5 will be a ten bed HIV pre-natal care home which will support high risk, HIV positive pregnant women. The goal will be to prevent the transmission of HIV to the unborn baby

throughout pregnancy and at birth and to provide support in planning for the unborn baby through an integrated model of care.

••• The challenge ••• • Fragmented Care •

- There are currently no supportive housing programs in Saskatchewan geared towards the needs of HIV positive women who are pregnant and struggling with polysubstance use.
- The current child welfare system will currently only provide intervention after the child is born and once the child has been apprehended, preventing essential attachment and decreasing the chances for mothers to parent their children
- Research suggests that infant health outcomes are more closely related to factors like homelessness, poverty, poor nutrition, stress, and infections than to drug use itself

Babies born/year to mothers of HIV/# mothers homeless, with addictions and on social assistance.



The Solution



Sanctum will attempt to bridge the gaps in the current system with a three-pronged approach to care at Sanctum 1.5:

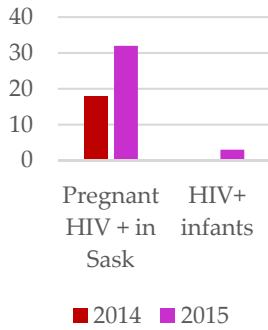
Harm reduction and housing:

Sanctum will provide supportive and transitional housing to women who are at high risk for vertical transmission and child apprehension. By providing supportive housing through a harm reduction lens, Sanctum will reduce the chaos associated with unstable housing and substance use and allow for the provision of addiction services including methadone assisted recovery to reduce the harm associated with drug/ alcohol use during pregnancy.

Pre-natal health care: Sanctum will connect the residents of 1.5 to appropriate prenatal care. This will include connection to specialized nursing, Infectious Disease Specialist, family physician, gynecologist and adherence to ARV's

Foster Care Prevention: Sanctum will provide the supports and planning necessary to prevent children from entering the foster care system. Sanctum will connect mothers with the appropriate supports to empower women in planning for their children. By working with the mothers prenatally, Sanctum will be able to plan with the mothers to give their children the best start in life

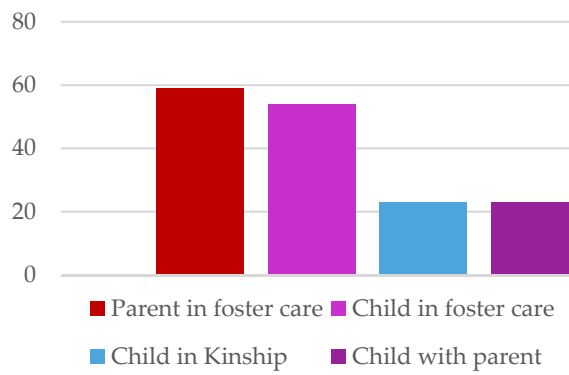
HIV positive pregnancies and births in 2014/2015



While different agencies are able to manage pre-natal care and issues related to children entering the foster care system, few, if any, are able to manage the health of HIV-positive mothers to prevent vertical transmission while also addressing the social factors such as addiction, poverty and homelessness that lead to children entering the foster care system.

Sanctum 1.5 will be a step towards keeping mothers and babies together vs. ongoing systemic outcomes that foster a mother and baby divide

Child and Family Service Involvement of HIV+ mothers who access prenatal care at WSCC



Services and supports at 1.5

- Healthy Mother Healthy Baby
- Elder support
- Peer Support
- Access to housing supports
- Spiritual care
- Mental health and addiction outreach services
- Intensive HIV Case MGT
- Intensive family support (601)
- Medication management
- Detox services
- Methadone assisted recovery
- Life skills
- Parent mentorship
- Family planning

THE HEALTH COSTS OF ONE HIV TRANSMISSION TO AN INFANT IS 1.3 MILLION DOLLARS

Community Impact

Sanctum 1.5 is a program that will reduce the chances of vertical transmission and increase healthy outcomes for both mother and baby through an integrated model of care. By working upstream through a prevention lens Sanctum 1.5 will have a positive impact not just on the mother, child and their families but the community as whole. Sanctum will demonstrate that the integration of health, social and psychosocial supports delivered through a harm reduction lens in a safe setting will allow for increased opportunity for med adherence, engagement in care and appropriate and timely planning for children at risk of apprehension. This approach will allow for broader, systematic changes that will have a lasting impact on the way in which services are delivered to high risk populations.